

Variable	Mean	SD	Min	Max	Median	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.5	10.5	25	65	35	35	0.1	3.0	0.95	Normal
Gender	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Marital Status	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Education	12.5	1.5	10	15	12	12	0.1	3.0	0.95	Normal
Income	3000	1000	1000	6000	3000	3000	0.1	3.0	0.95	Normal
Occupation	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Health Status	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Stress Level	3.5	1.5	1	6	3	3	0.1	3.0	0.95	Normal
Life Satisfaction	4.5	1.5	1	7	4	4	0.1	3.0	0.95	Normal
Resilience	5.5	1.5	1	8	5	5	0.1	3.0	0.95	Normal
Optimism	6.5	1.5	1	9	6	6	0.1	3.0	0.95	Normal
Gratitude	7.5	1.5	1	10	7	7	0.1	3.0	0.95	Normal
Forgiveness	8.5	1.5	1	11	8	8	0.1	3.0	0.95	Normal
Empathy	9.5	1.5	1	12	9	9	0.1	3.0	0.95	Normal
Compassion	10.5	1.5	1	13	10	10	0.1	3.0	0.95	Normal
Kindness	11.5	1.5	1	14	11	11	0.1	3.0	0.95	Normal
Generosity	12.5	1.5	1	15	12	12	0.1	3.0	0.95	Normal
Patience	13.5	1.5	1	16	13	13	0.1	3.0	0.95	Normal
Self-control	14.5	1.5	1	17	14	14	0.1	3.0	0.95	Normal
Emotional Stability	15.5	1.5	1	18	15	15	0.1	3.0	0.95	Normal
Psychological Well-being	16.5	1.5	1	19	16	16	0.1	3.0	0.95	Normal
Life Purpose	17.5	1.5	1	20	17	17	0.1	3.0	0.95	Normal
Meaning in Life	18.5	1.5	1	21	18	18	0.1	3.0	0.95	Normal
Existential Well-being	19.5	1.5	1	22	19	19	0.1	3.0	0.95	Normal
Transcendental Well-being	20.5	1.5	1	23	20	20	0.1	3.0	0.95	Normal
Ultimate Well-being	21.5	1.5	1	24	21	21	0.1	3.0	0.95	Normal
Overall Well-being	22.5	1.5	1	25	22	22	0.1	3.0	0.95	Normal

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Age	35.5	10.5	25	65	35	35	0.1	3.0	0.95	Normal
Gender	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Marital Status	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Education	12.5	1.5	10	15	12	12	0.1	3.0	0.95	Normal
Income	3000	1000	1000	6000	3000	3000	0.1	3.0	0.95	Normal
Occupation	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Health Status	1.5	0.5	1	2	1	1	0.0	0.0	0.99	Normal
Stress Level	3.5	1.5	1	6	3	3	0.1	3.0	0.95	Normal
Life Satisfaction	4.5	1.5	1	7	4	4	0.1	3.0	0.95	Normal
Resilience	5.5	1.5	1	8	5	5	0.1	3.0	0.95	Normal
Optimism	6.5	1.5	1	9	6	6	0.1	3.0	0.95	Normal
Gratitude	7.5	1.5	1	10	7	7	0.1	3.0	0.95	Normal
Forgiveness	8.5	1.5	1	11	8	8	0.1	3.0	0.95	Normal
Empathy	9.5	1.5	1	12	9	9	0.1	3.0	0.95	Normal
Compassion	10.5	1.5	1	13	10	10	0.1	3.0	0.95	Normal
Kindness	11.5	1.5	1	14	11	11	0.1	3.0	0.95	Normal
Generosity	12.5	1.5	1	15	12	12	0.1	3.0	0.95	Normal
Patience	13.5	1.5	1	16	13	13	0.1	3.0	0.95	Normal
Self-control	14.5	1.5	1	17	14	14	0.1	3.0	0.95	Normal
Emotional Stability	15.5	1.5	1	18	15	15	0.1	3.0	0.95	Normal
Psychological Well-being	16.5	1.5	1	19	16	16	0.1	3.0	0.95	Normal
Life Purpose	17.5	1.5	1	20	17	17	0.1	3.0	0.95	Normal
Meaning in Life	18.5	1.5	1	21	18	18	0.1	3.0	0.95	Normal
Existential Well-being	19.5	1.5	1	22	19	19	0.1	3.0	0.95	Normal
Transcendental Well-being	20.5	1.5	1	23	20	20	0.1	3.0	0.95	Normal
Ultimate Well-being	21.5	1.5	1	24	21	21	0.1	3.0	0.95	Normal
Overall Well-being	22.5	1.5	1	25	22	22	0.1	3.0	0.95	Normal

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	28	36	35	0.15	2.1	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.5	0.95	Normal
Marital Status	2.1	0.8	1	3	2	1	3	2	0.12	1.8	0.97	Normal
Education	15.8	2.5	10	20	16	15	17	16	0.08	1.2	0.99	Normal
Income	1200	300	500	2000	1100	900	1300	1000	0.18	2.5	0.96	Normal
Occupation	1.5	0.5	1	3	1	1	2	1	0.03	0.8	0.99	Normal
Health Status	2.5	0.6	1	3	2	2	2	2	0.01	0.2	0.99	Normal
Stress Level	3.2	1.1	1	5	3	2	4	3	0.10	1.5	0.98	Normal
Life Satisfaction	4.1	0.9	2	5	4	3	5	4	0.06	1.0	0.99	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.11	1.6	0.97	Normal
Optimism	4.3	0.8	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Emotional Stability	3.9	0.7	2	5	4	3	5	4	0.02	0.7	0.99	Normal
Self-Esteem	4.0	0.9	2	5	4	3	5	4	0.03	0.8	0.99	Normal
Life Satisfaction	4.1	0.9	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.11	1.6	0.97	Normal
Optimism	4.3	0.8	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Emotional Stability	3.9	0.7	2	5	4	3	5	4	0.02	0.7	0.99	Normal
Self-Esteem	4.0	0.9	2	5	4	3	5	4	0.03	0.8	0.99	Normal

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	28	36	35	0.15	2.1	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.5	0.95	Normal
Marital Status	2.1	0.8	1	3	2	1	3	2	0.12	1.8	0.97	Normal
Education	15.8	2.5	10	20	16	15	17	16	0.08	1.2	0.99	Normal
Income	1200	300	500	2000	1100	900	1300	1000	0.18	2.5	0.96	Normal
Occupation	1.5	0.5	1	3	1	1	2	1	0.03	0.8	0.99	Normal
Health Status	2.5	0.6	1	3	2	2	2	2	0.01	0.2	0.99	Normal
Stress Level	3.2	1.1	1	5	3	2	4	3	0.10	1.5	0.98	Normal
Life Satisfaction	4.1	0.9	2	5	4	3	5	4	0.06	1.0	0.99	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.11	1.6	0.97	Normal
Optimism	4.3	0.8	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Emotional Stability	3.9	0.7	2	5	4	3	5	4	0.02	0.7	0.99	Normal
Self-Esteem	4.0	0.9	2	5	4	3	5	4	0.03	0.8	0.99	Normal
Life Satisfaction	4.1	0.9	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.11	1.6	0.97	Normal
Optimism	4.3	0.8	2	5	4	3	5	4	0.04	0.9	0.99	Normal
Emotional Stability	3.9	0.7	2	5	4	3	5	4	0.02	0.7	0.99	Normal
Self-Esteem	4.0	0.9	2	5	4	3	5	4	0.03	0.8	0.99	Normal